



Certified Healthy Oklahoma

VIRTUAL EVENT

SEP 14, 2023
10AM – 3:30PM

SCHEDULE

OSDH Leadership Welcome

10:00-10:30am

**Social Drivers of
Health Panel**

10:30am-12pm

Lunch

12-12:30pm

Katie Lenhart

12:30 -1:25pm

Breakout Sessions 1

1:35-2:25pm

Breakout Sessions 2

2:35-3:25pm

Join us for the FREE
2023 CHO Virtual Event.

We will have two
preliminary speakers
followed by breakout
sessions for each CHO
sector. Don't delay,
register today!

PRELIMINARY SPEAKERS

Social Drivers of Health Panel

**Olivia Hook, Lesa Curry,
Misty Hammons, Linda Vise,
and Traci Stewart**

Join us for an insightful conversation that delves into the social drivers of health in Oklahoma. Our panel of speakers will shed light on their initiatives aimed at tackling these drivers across the state. Attendees will gain insights and practical knowledge on how they can contribute to addressing social drivers of health.

Katie Lenhart

Learn about the 988 Mental Health Lifeline, the new 3-digit designation for the National Suicide Prevention Lifeline in Oklahoma. Learn how this life-saving resource is the open door to all mental health and substance use services available to all Oklahomans and how you can be an advocate for mental wellness in your community.

BREAKOUT SESSIONS 1:35-2:25pm

Oasis Fresh Market/ The Oasis Projects: Charlie Love, Oasis Projects

Oasis is the first grocery store of its kind, operating on a hybrid for-profit and nonprofit model. Oasis exists to eradicate food deserts by providing fresh and healthy access to all, as well as offer wrap around services such as rental assistance, financial literacy, clinical care, nutrition education and workforce development to our community. These resources are funded by grants, donors, and investors.

Family and Community Engagement in Schools: Kym Hardin, Healthy Schools

Come learn effective strategies to get your families engaged in your health and physical education programs. From math and reading night ideas to health fairs, we will talk about how to incorporate physical education and health during these events!

Safe and Healthy Communities: Morgan Hamilton and Christian Bonds, Oklahoma State Department of Health

This session will focus on resources to meet criteria in the Safe and Healthy Communities portion of the Community application. Participants will learn about resources for caregivers, older adults, and families. This includes Alzheimer's Association, Dementia Friendly Oklahoma, Violence Prevention, and Injury Prevention resources.

GO NAPSACC Statewide Implementation: Reaina Harris, Oklahoma State Department of Health

The CDC projects Oklahoma to be the most obese state in the nation by 2030. Go NAPSACC's goal is to narrow health outcome gaps between advantaged communities and those that have been historically marginalized. The platform will provide assistance to childcare providers to improve the health of young children through education, practices, policies, and environments that support healthy eating, physical activity, and oral health.

Behavioral Health Resources: John Morton, Oklahoma State Department of Health and Megan Cannon, Oklahoma Department of Mental Health and Substance Abuse Services

This session will provide an overview of behavioral health resources in Oklahoma. The speakers will provide an overview of Mental Health First Aid and additional resources that can be accessed through the Oklahoma Department of Mental Health and Substance Abuse Services and Oklahoma State Department of Health.

BREAKOUT SESSIONS 2:35-3:25pm

Employee Wellbeing for Real World Practice: Amber Browning, Norman Regional Health System and Anissa Chadick, YMCA of Greater OKC

We all know the importance of employee wellbeing, but how do you actually put it into practice and make it work best for your worksite? Norman Regional Health System and YMCA of Greater OKC are teaming up to share their real-world experiences in implementing employee wellbeing programming. They will share strategies they have used to increase leadership support of employee wellbeing and getting employee engagement and participation.

State University Extension Service; Education Everywhere for Everyone: Megan Monteith and Kelsey Ratcliff, Oklahoma Cooperative Extension Services

OSU Extension helps Oklahomans solve local issues and concerns, promote leadership, and manage resources wisely. The Extension Service is comprised of three divisions: Agriculture, 4-H Youth Development, and Family and Consumer Sciences. Our goal is to help Oklahoma families, youth and individuals develop and grow in safe and healthy ways.

THIS is Head Start: 58 Years of Health, Hope, & Happiness!: Paula Brown, Oklahoma Head Start

This session will take participants on a journey through the humble beginnings of Head Start as part of the War on Poverty in 1965, through the current work on supporting children and their families in all aspects of a healthy childhood. We will also look closer at Oklahoma's Head Start programs and how they continue to carry that mission along with current day challenges.

Community-Clinical Approaches and Partnerships to Alleviate Food Insecurity: Lauran Larson, Oklahoma State Department of Health

In Oklahoma, 561,640 people are facing hunger including one in five children (Feeding America, 2023). There are many ways to meet people where they are providing not just any food, but nutritious foods. This session will describe how food insecurity contributes to chronic disease, the differences between food and nutrition insecurity, and the ways that partners can work together to help ensure our neighbors have access to the food they need to live a healthy life.

Health Equity 101: Floritta Pope and Brittany Hudson, Oklahoma State Department of Health

This session aims to provide a high-level introduction to the concept of health equity and its relevance to public health in Oklahoma. Health equity is the fair and just distribution of resources and opportunities to achieve optimal health outcomes for all individuals, regardless of their socio-economic status, race, ethnicity, or other social drivers of health. During this session, participants will explore the current state of health disparities in Oklahoma, the underlying factors contributing to these inequities, and the importance of addressing them to create a healthier and more equitable society.